

# DISCHARGE INSTRUCTIONS PERCUTANEOUS BIOPSY

**Activity:** Rest today. Avoid unnecessary exertion or strenuous activity for the next 3 days. If you had a lung biopsy, do not engage in forceful singing, blowing up balloons, wind instruments, etc for 4 days.

**Restrictions:** No driving for the next 12 hours.

**Diet:** You may resume your normal diet. Start with light meals and avoid overeating. Liquids are encouraged, but do not drink alcoholic beverages today.

## Instructions:

- ❖ Keep your wound dressing clean and dry. After 48 hours, you may change it to a smaller band-aid, or sooner if it becomes wet or loosened.
- ❖ It is normal to have mild pain or discomfort at the biopsy site for the next few days. However, if you develop progressive or severe pain or new symptoms such as unexplained sweating, shortness of breath, dizziness/fainting or worsening symptoms, go to the nearest emergency room and let them know that you had a biopsy (these can be symptoms of severe bleeding).
- ❖ A responsible adult should stay with you for the next 12 hours.
- ❖ Call your doctor's office to make an appointment to receive your biopsy results (the biopsy results generally become available in 2-3 working days).
- ❖ You may resume your home medications unless otherwise specified per the medication reconciliation sheet that will be provided by the nurse at the time of discharge.

❖ OTHER: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Radiologist (Print Name):** \_\_\_\_\_ Phone: 828-452-8153  
*(Physician who performed the biopsy)*

**Discharging Physician:** \_\_\_\_\_ Date/Time: \_\_\_\_\_  
*(Signature)*

**Patient/Responsible Adult:** \_\_\_\_\_  
*(Signature of person assuming care for the patient at discharge)*

**Discharging Nurse:** \_\_\_\_\_ Date/Time: \_\_\_\_\_  
*(Signature)*

**MEDWEST HAYWOOD  
DEPARTMENT OF RADIOLOGY  
DISCHARGE INSTRUCTIONS  
PERCUTANEOUS BIOPSY**



DOB: \_\_\_\_\_ AGE: \_\_\_\_\_

