

DISCHARGE INSTRUCTIONS
HOME CARE INSTRUCTIONS AFTER PARACENTESIS

You have had a procedure which involved the insertion of a needle through your abdominal wall to remove fluid. This was done to find out the cause of the abdominal fluid and/or to relieve the symptoms caused by it.

ACTIVITY: Rest the remainder of the day. You may resume normal activity the next day. Avoid any vigorous physical activity for 24 hours.

COMFORT: If you have discomfort or tenderness at the site, you may take your usual/recommended pain medication. Do not take aspirin or aspirin containing products the day of the procedure.

DIET: You may resume your usual diet.

SITE CARE: Keep bandage on for 24 hours. Then you may remove the bandage and shower. You may put on a clean Band-Aid or leave it open to air.

RETURN TO THE NEAREST EMERGENCY ROOM:

- Severe abdominal pain or fullness
- Light-headedness or dizziness (especially when sitting upright or standing)

CALL YOUR DOCTOR FOR:

- A fever over 101 degrees
- Increased redness, increased swelling, and/or persistent drainage/discomfort around the site

If you have any questions or concerns, please call to speak with the Radiology Nurse or Radiologist at 828-452-8153.

Patient or Authorized Person's Signature: _____ **Date/Time:** _____

Physician or Provider: _____ **Date/Time:** _____

Person providing instructions: _____

**MEDWEST HAYWOOD
DISCHARGE INSTRUCTIONS
PARACENTESIS**

RAD070 (01/24/11)



DOB:

AGE: