

DISCHARGE INSTRUCTIONS
HOME CARE INSTRUCTIONS FOR HYDRATION

Your procedure involved the arbitration of IV contrast. According to your lab work and medical history, the physician has recommended that you receive additional fluid because of dehydration and the risk of kidney failure.

It is imperative that you drink at least 8 ounces of fluids every hour for the next six hours. This will help protect your kidneys.

The best fluid is water, but juices and flavored drinks are also acceptable. Drinks containing caffeine or alcohol are not recommended because they contribute to dehydration which could lead to renal failure.

For any questions or concerns, please contact the nurse in Radiology/Diagnostic Imaging at: (828) 452-8162. If unavailable, contact the Radiology main office at: (828) 452-8153 or (828) 452-8679.

Patient Signature: _____ **Date/Time:** _____

Guardian/Significant Other: _____

Person Providing Instructions: _____

MEDWEST HAYWOOD
DISCHARGE INSTRUCTIONS
FOR HYDRATION

RAD050_new (06/24/10)



DOB:

AGE: