

1. Drink extra fluids today (six to eight glasses). You may resume your normal diet. Avoid alcoholic beverages for 24 hours.
2. Observe your skin for the development of new hives.
3. Observe for difficulty in breathing or shortness of breath.
4. If you develop any of these symptoms, go to the closest emergency department immediately.
5. If any problems or questions develop after you go home, call your physician or the radiology department at (828) 452-8153.

Discharge instructions have been explained to the patient. The patient or the person responsible for the patient fully understands these instructions.

Signature _____ Relationship _____

Instructor's signature _____ Date _____ Time _____

**MEDWEST HAYWOOD
DEPARTMENT OF RADIOLOGY
CONTRAST MEDIA REACTION
DISCHARGE INSTRUCTIONS**



DOB: AGE:

