

1. Observe the affected extremity for:
  - increased redness or skin color change
  - increased pain
  - blisters
  - firmness at site
  - unusually cold/hot at site
  - change in sensation of the extremity

**IF ANY OF THESE SYMPTOMS OCCUR, NOTIFY THE RADIOLOGY DEPARTMENT IMMEDIATELY OR GO TO THE CLOSEST EMERGENCY DEPARTMENT.**

2. Elevate the affected extremity above the level of the heart for the next \_\_\_\_\_ hours.
3. Apply intermittent ice (15 minutes on, followed by 15 minutes off) to the site for the next \_\_\_\_\_ hours.
4. Take Tylenol (Acetaminophen 325 mg) one or two tablets every four to six hours as necessary for discomfort at the infiltration site.
5. If any questions develop after you arrive home, please call the radiology department at (828) 452-8153.

Discharge instructions have been explained to the patient. The patient or the person responsible for the patient fully understands these instructions.

Signature \_\_\_\_\_ Relationship \_\_\_\_\_

Instructor's signature \_\_\_\_\_ Date \_\_\_\_\_

Physician signature \_\_\_\_\_ Date \_\_\_\_\_

**MEDWEST HAYWOOD  
DEPARTMENT OF RADIOLOGY  
CONTRAST MEDIA INFILTRATION  
DISCHARGE INSTRUCTIONS**



DOB:                      AGE:

